WP3 - POWERPACK TOOLKIT ACTIVITIES

Social well-being:

Peer to Peer Advice Corner

Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them. Project Number: 2024-1-NL01-KA220-SCH-000252923

1. General Information

Well-being dimension: social-emotional well-being, empathy, communication, problem-solving
Target age group: 6–12 years
Activity format: small-group discussion, role-play, collaborative problem-solving
Duration: 30–45 minutes
Group size: 4–6 students per group (whole-class: multiple groups)
Transversal approach: fosters empathy, active listening, problem-solving and responsible social interaction, connecting social-emotional learning with collaborative dialogue across multiple subjects and real-life contexts.

2. Learning Objectives

- Recognize and describe social or interpersonal challenges experienced by peers.
- Practice active listening and empathy when responding to others' concerns.
- Suggest safe, constructive and practical solutions to real-life problems.
- Communicate ideas clearly and respectfully in a small-group setting.

3. Materials Needed

- small slips of paper or index cards for students to write down dilemmas or social situations
- a container (box or envelope) to collect scenario cards

Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them. Project Number: 2024-1-NL01-KA220-SCH-000252923

4. Activity Steps

Step 1: Introduction (5–10 min)

- Explain to students that everyone experiences social challenges and it can be helpful to talk through solutions with peers.
- Introduce the idea of the Peer-to-Peer Advice Corner: a safe space to share problems and brainstorm constructive solutions.
- Discuss ground rules for dialogue:
  - Listen without interrupting
  - Respect everyone's ideas
  - Focus on helping, not judging

Step 2: Peer problem-solving (15–25 min)

- Students write down a social problem or challenge on a slip of paper. Younger students can use simple prompts (e.g., Someone took my toy // I felt left out).
- Collect all slips in a container. Shuffle and redistribute randomly so each group has 1–2 scenarios (not their own).
- Small groups take turns reading the scenario aloud and discussing:
  - What is happening?
  - How might the person feel?
  - What are safe, helpful ways to respond or solve the problem?
- Encourage students to ask clarifying questions before giving advice, for example:
  - Can you tell us more about what happened?
  - How did that make you feel?

Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them. Project Number: 2024-1-NL01-KA220-SCH-000252923

Step 3: Reflection (5–10 min)

- Bring the class together and ask groups to share:
  - a scenario they found challenging
  - solutions they proposed
  - what they learned about listening and helping peers
- Optionally, create a "Peer Advice Wall" on chart paper with key solutions, so students can refer to it later.

5. Teacher Notes & Tips

- Ensure scenarios reflect diverse experiences (gender, culture, abilities).
- Students can share anonymously if they feel uncomfortable discussing their own experiences.
- Can be done in pairs, small groups or a full-class circle.
- Works indoors or outdoors, seated or standing in a "discussion corner."

Cross-curricular use:

- Language Arts: Write reflections or role-play dialogues.
- Social Studies: Discuss fairness, inclusion and cooperation.
- Art: Illustrate scenarios and possible solutions on paper or posters.

6. Reflection prompt for students

- What did you learn about helping others in a safe and respectful way?
- How did it feel to listen carefully to your peers' challenges?
- Which solution did you think was most helpful, and why?
- How could you use what you learned in your everyday school life?

Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them. Project Number: 2024-1-NL01-KA220-SCH-000252923

7. Tips for adaptation for children with special needs

Easier Version (Early Primary / extra support):

- Use concrete scenarios (e.g. A friend is sad because they can't play).
- Provide sentence starters or visual prompts to help students express advice clearly.
- Conduct the activity in small groups or pairs to reduce social pressure.

Medium Version (Medium Primary / more independence):

- Introduce more complex scenarios involving friendships, minor conflicts or teasing.
- Encourage students to brainstorm multiple solutions before sharing with the group, prompting them to justify or explain their suggestions.
- Rotate roles (problem-sharer, advice-giver, listener) so each student practices different skills.

Adaptations for Students with Special Needs:

- Use visual supports to represent feelings, problems and possible solutions.
- Allow alternative communication methods such as drawing, gestures or written notes.
- Pair students with supportive peers or adult facilitators to scaffold participation and encourage engagement.

8. References (methodological approach)

This activity is grounded in social-emotional learning, cooperative learning and experiential learning approaches, promoting empathy, active listening, perspective-taking and collaborative problem-solving in real-life social contexts.

Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them. Project Number: 2024-1-NL01-KA220-SCH-000252923

SOCIAL MEDIA CHANNELS

PowerPackProject

power.packproject

PowerPackProject

CONSORTIUM

INqubator

COORDINATOR

PARTNERS

ESPLAI SOCIAL

BeTrained Academy

JÓZSEF ATTILA ÁLTALÁNOS ISKOLA CSÍKSZEREDA

SCHOOL'S COOL FRIESLAND

CC BY NC SA

Co-funded by the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them. Project Number: 2024-1-NL01-KA220-SCH-000252923