# PowerPack:
# Building an empowering backpack for children's growth.

# Press Release
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# Moving Forward Together: From Research to Roadmap

Over the past few months, the PowerPack project team has been deeply engaged in researching how schools around the world can better support students' personal, social, and emotional development (PSED). Thus, we have reached the first major milestone: the creation of the PowerPack Roadmap, which outlines the foundation for building our educational toolkit later on.

**Consulting Communities: Building on Shared Experiences**

As part of the initial phase of the PowerPack project, we carried out a comprehensive stakeholder consultation to better understand the needs and expectations surrounding personal, social, and emotional development (PSED) in school settings. The consultation involved students, parents, teachers, and educational experts from our four partner countries: the Netherlands, Cyprus, Spain, and Romania.

To ensure a rich and diverse range of perspectives, we used a combination of focus group discussions, interviews, and questionnaires. This mixed-method approach allowed us to capture both in-depth qualitative insights and broader trends across different educational communities. The input gathered through this process is playing a central role in shaping the PowerPack Roadmap and the educational materials we are now beginning to develop.

**Real-World Solutions for PSED**

In addition to collecting stakeholder input, each partner organization identified five examples of good practice, resulting in a rich database of 25 inspirational approaches to PSED already being implemented around the world. These examples illustrate how schools, NGOs, and communities are creatively addressing challenges like emotional regulation, empathy-building, conflict resolution, and peer support. They will inform and enrich our future materials, ensuring they are grounded in proven, real-life practice.

**Laying the Foundation for Lasting Impact**

We have now completed the summary and analysis of our research findings, highlighting the most frequently mentioned needs and themes across stakeholder groups and countries. These insights will serve as the backbone of the PowerPack educational package, which we are beginning to develop.

With the PowerPack Roadmap nearly finalized, we are excited to move into the next phase of the project: transforming ideas and insights into concrete tools that support emotional well-being in school-based education. As always, our approach will remain collaborative and inclusive, building on the collective expertise and experience of all project partners.

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